

Soaking

By Pastor Chad Collins

'Soaking' is a term used to describe the practice of expectantly waiting and resting in God's love.; It is one of the most powerful revelations offered to us.

- Is 'Soaking' in the Bible?
- What is soaking?
- Why do I need to soak?
- Where can I soak?
- How do I soak?
- Can I trust that it is the Holy Spirit working?
- How long do I continue soaking?

This is what the Bible says.

Psalm 23; 1 .. The Lord is my shepherd I shall not want. He makes me to lie down in green pastures; He leads me beside the still waters. He restores my soul.

Psalm 4:4 .. Meditate with in your heart on your bed and be still.

Psalm 37: 7 .. Rest in the Lord and wait patiently for him.

Matthew 11: 28-30.. Come unto me all ye who labor and are heavy laden and I will give you rest. Take my yoke upon you and learn from Me, for I am gentle and lowly in heart and you will find rest for your souls.

Hebrews 4: 9-11 there remains therefore a rest for the people of God. For He who has entered his rest has himself also ceased from his work as God did from His. Let us therefore be diligent to enter that rest.

What is Soaking?

During previous revival's people referred to it as waiting on the Lord or tarrying as they lingered expecting God's revival blessings.

Although " soaking" included waiting on the Lord, in this present move of the Spirit it means much more than that. To " soak " in God's presence is to rest in His love rather than to strive in prayer.

As we rest expectantly in God's presence, the Lord takes control and begins to draw our attention to God's word either in the scripture or through impressions or pictures we see in our minds eye.

Why Do I need to Soak?

There is a deep need in every one of us to be close to our God. Experiencing God is something to be sought after and not to be avoided. While we base our theology on God's word, our experiences with God make it all come alive. The Bible is a book of experiences, of men and women of God thought out history, whose lives were changed through a divine encounter. Your life will be changed as well as you encounter Him.

How do I Soak?

You may lie down, you may sit in a chair or lie on your bed or on the floor. The main thing is to be in a safe place so that you can be vulnerable. Set your affections on Jesus.

Experiencing God's presence is what will cause you to love the Lord with all your heart and soul. (Matthew 22:37) Humble yourself before Him. Give all your worries and cares to the Lord talking to Him about them.

Pray a prayer like this. "Lord Jesus, I invite You to come and search my heart. Come close and let me know your love." Let worship rise up inside you and give yourself to the Lord. If you become distracted, then re-focus on Jesus. Remind yourself why you are soaking and listen to the worship music.

Can I trust The Holy Spirit is Working?

Yes you can. Remember everything we receive from God we receive by faith. Faith must be positive and focused on God. Not negative and fearful. Jesus said in Luke 11: 11-13,

If a son shall ask bread of any of you that is a father, will he give him a stone? or if he ask a fish, will he for a fish give him a serpent? 12 Or if he shall ask an egg, will he offer him a scorpion? 13 If ye then, being evil, know how to give good gifts unto your children: how much more shall your heavenly Father give the Holy Spirit to them that ask him?

How long do I continue Soaking?

It takes about fifteen minutes to quiet the business of life and enter into rest. But Jesus is the Lord of the sabbath, and He wants you to enter into His rest. The fruit of the spirit is love, joy peace, so we need to take quality time with Him. You cannot force or hurry this. The idea is not to "get" something, but to "be" with someone. Take time just to be with Him; to love Him, and let Him love you. If you fall asleep, that's o.k.

If you are interrupted, you can always come back for more. You will know when your time is finished. You can feel a satisfaction in your heart and a release to go and get on with life.

So soak and get ready for the wonderful things that Father is about to do as we " Catch The Fire."

"God can change anything about you, if you give Him enough time." (Gloria Copeland)

Spending quality time soaking in the secret place of His presence is a major key in slowing us down long enough to allow God to get a hold of us and work some deep changes in our lives. Soaking in the Lord is about being in His presence long enough to enable us to let go of who we are and become more like Him. Anointed soaking in God's glory will [transform us](#) into His likeness

"But What Is 'Soaking'? ...Although 'soaking' includes waiting on the Lord, in this present move of the Spirit it means much more than that. To 'soak' in God's presence is to rest in His love rather than to 'strive' in prayer. As the person receiving a touch from God begins to **connect with the reality of the Holy Spirit's presence**, he often responds by **falling or simply lying on the floor**. As he rests expectantly in God's presence, often the Holy Spirit hovers over the person to reveal more of God's love and to renew and repair areas of a person's life. As the believer soaks in God's presence, the Lord takes control and begins to draw his attention to God's word either in the scriptures or **through internal audible impressions or pictures he sees in his mind's eye....**

"Why Do I Need To Soak?' ...While we base our theology on God's Word, our experiences with God make it all come alive..... They may stand there or often rest in the Spirit as they fall in God's presence. Because of the many people who experience this phenomenon in our meetings, we assign every prayer team member a **'catcher' to assist the person receiving prayer by standing behind them** as the prayer team member prays for him. This allows the person receiving prayer to relax and be less anxious about what might happen if he falls....

"So **How Do I Soak?** Although you don't have to lie down, you may sit in a chair or lie on your bed, the main thing is to be in a safe place so you can be vulnerable. ... As you reflect on the cross and all that Jesus has lovingly purchased for you, begin confessing your sins to Him and longing to be close to Him.... **People experience Him in many ways: a weight upon your body, an electric tingling upon your hands** or face, or a **warm sensation** of love going through your heart which connects you to Him. ...This is how you grow to love anyone, by a series of several encounters that bond you together....

"Can I Trust That It Is The Holy Spirit Working? Yes you can. Remember, everything we receive from God we receive by faith. **Faith must be positive and focused on God...."**

This essentially is what “soaking” is. When we soak in God's presence, we are in a place of rest where we wait upon Him. The old timers spoke of tarrying. This is where they would spend long hours waiting on the Lord. Many times however they were waiting to be filled with the Holy Spirit and their waiting was more a form of pleading and trying to get to the place where they felt ready to receive the Holy Spirit. Fortunately we have gained more understanding of the Word and the heart of God and know that the Lord desires to pour out His Spirit upon us. Soaking in the Lord therefore, while similar to tarrying, has an emphasis on rest and receiving by faith, as opposed to striving and crying out to God.

Saturated With God

To soak something, is more than a five minute dip. It is allowing it to become saturated and full of what it is soaking in. If you take a cucumber and place it in vinegar and spices for a few minutes, then eat it, it still tastes like cucumber. But if you take that cucumber and soak it in that solution for a couple of weeks it no longer tastes like cucumber – it has become a pickle. It has taken on the flavour of that solution.

Soaking involves becoming saturated with God so that we take on God’s flavour or nature. Too often we “taste” of flesh. But God wants us to be transformed into the image of His Son and carry his fragrance and flavour.

Unfortunately our flesh is very strong and wants to rule. Our tendency is to want to do, do, do. Soaking in God’s presence is an insult to the flesh because it is required to do nothing. This is what these people struggled with, and they refused to return and rest in God. As a result they discovered that their fleshly abilities were not equal to the assignment against them. They thought that their “horses” were strong enough to get them through and when their efforts failed, they did not turn to the Lord, but doubled their efforts. The result was that they were left as a pole on top of a mountain. Literally, it means that they were a tree stripped of its branches. In other words, they had no fruit and appeared lifeless

Soak : to become thoroughly wet, or saturated by immersion, to drink excessively, to become drunk, to take in, to soak up.

Lie Down: to place oneself, or be in a prostrate position in order to rest. To accept without protest or opposition.

Quiet : to be untroubled, free from activities or distractions. Still. Calm.

Rest : to relax from exertion, or labor, to repose or sleep, a pause or interval.

Listen : to concentrate on hearing something, to take heed or pay attention.

Wait : to stay in one place, or remain inactive in expectation of something

Soaking is a time of rest and complete surrender to the person, Jesus Christ and saturation by the presence of the Holy Spirit. For so long, we have felt the only way to reach God is through our works or laboring in prayer. In no way am I diminishing a type of prayer that labors in intercession. I believe and participate in laboring or intercessory prayer. However, today I wish to explore another way to plunge into the depths of communion with God. Let’s get started.